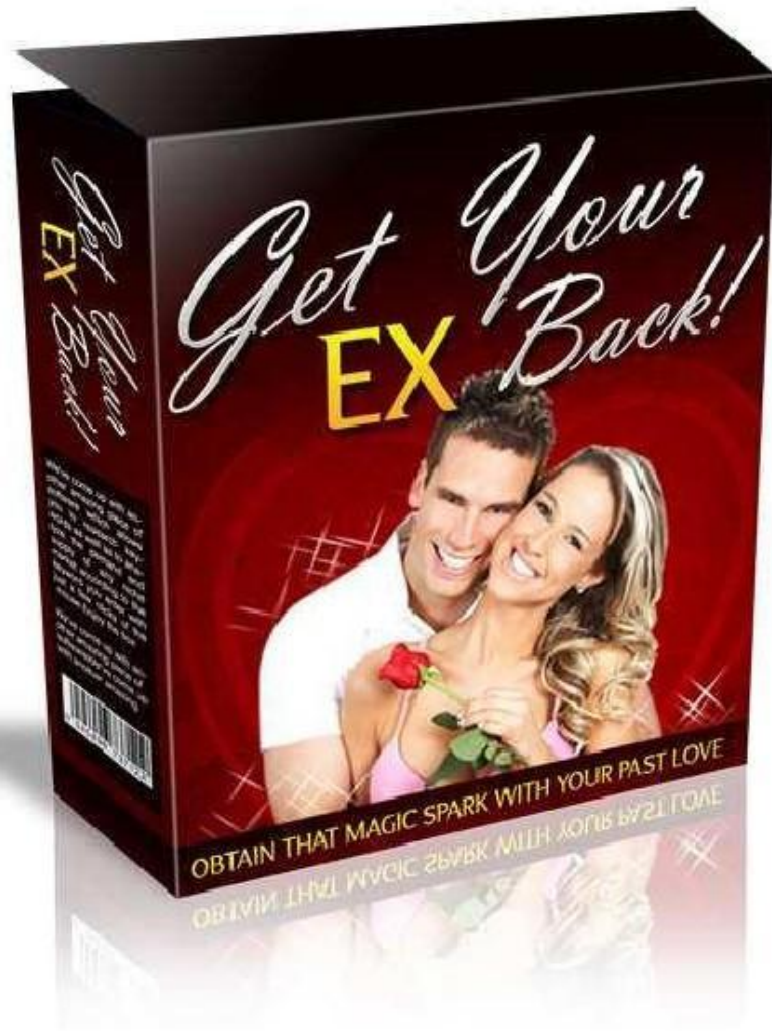


**GET YOUR EX BACK**

**REGAIN THAT MAGIC  
SPARK WITH YOUR PAST  
LOVE**



**Here are a few sample pages of  
“Get Your Ex Back”.**

## 2. Human Nature and Shattering Relationships Myths

### Does Human Nature Cause Breakup?

Any type of relationship between two people can breakup for various reasons. The reason for a breakup of one's relationship need not be the same as that of other relationships. There are so many factors that can lead up to a breakup but some of these may be specific to that relationship. It is not always possible for you to generalize when you are studying to find or analyze the reasons for the breakup.

It is not enough that you build a relationship. You need to nurture it also. This is something most of us forget to do. For most of us, building and beginning a relationship is important, but we take minimal efforts to sustain it. For a relationship to sustain, you need to love each other, you need to spend quality time together, you need to be loyal and trustworthy, and be as committed to each other as you can be. Not only that, you need to have the heart to compromise in case something goes wrong. And, all these qualities are to be shown by both of you, not one alone. If one of you stop giving in and committing, then your relationship begins to break. Relationships require a lot of time and effort from both people to lead a relationship to a long lasting and fulfilling one.

### **The Fears of the Mind**

When you are in a relationship, your mind plays with many things that may affect your relationship, and can cause a breakup. You might start feeling the fear and challenges from your past relationships. You might have the fear of not being good looking, not being wealthy enough or always feeling that you may be on the verge of a breakup at anytime. You need to seek help to keep these fears at bay, or else they may cause your current relationship also to breakup. When you start having these fears, you need to solve it without blaming your partner in any way.

Do not make stories about these fears in your mind. You may have just recovered from a breakup, which happened due to disloyalty and non-commitment from your partner. But, do not deal with your current partner with these suspicions or fears in your mind. Whenever you start feeling fearful, try to convince yourself that this is a fresh beginning, where you begin all over again.

### **Your Relationship Lacks Love**

Sometimes, you may feel that you are not being valued enough or appreciated as much as you should be. You may also feel that you are not being understood at all. You are not loved as much as you wanted to be. You are right, everybody wants to be loved, understood, appreciated and valued. But, if you want to experience all this, you have to start giving the same out as well.

You should be willing to give a lot of time, in fact dedicate a lot of time to build a strong base for the relationship. Each partner should understand what he or she is working towards and getting this done. A lot of sacrifices might be required from both of you, to improve your relationship and keep it going.

When you fall in love, think in advance of whether you will be able to provide all of the help necessary to improve the relationship day by day and keep it going. Analyze the nature of your mind and characteristics, as to whether you will be able to put forth your best.

### **Some More Common Causes**

Some couples may want to change the other person to the way they like or are comfortable with. They believe in change management. They never think of how they had fallen in love and how they loved the other person with all their qualities. Now, they would want to change all that the other person is. This is almost impossible.

The next reason for a breakup is jealousy. Some of you might not be able to stand how good your partner has been doing. You will have always wanted to have an upper hand, and when you find that that is getting more and more difficult, you think of nothing else, but of breakup.

Another factor is insecurity. If you do not feel that your partner is pampering you, if you feel that you need more, then insecurity may be pushing itself into your relationship. Similarly, if you feel that you will not be able to leave your partner to see anybody else, be it siblings, parents or friends that may be because you are insecure.

Sometimes, there might be serious communication problems and gaps between the two of you. If there is not much communication happening between the two of you, you need to prioritize and set it right, before you can move ahead. Communication is one of the most important factors that keep a relationship intact.

Also do not place too many expectations on your spouse. The more expectations that are placed on a person, will make the relationship more and more difficult to sustain.

### **Is It Worth Getting Back?**

A breakup with your spouse might have been a very bitter experience and you would not even want to talk about it. That might be one of the worst things you would have had to encounter in your life. But, do you really think it is worth getting back? However strong your relationship had been, you need to consider a few points before you think of getting back.

Firstly, you need to consider whether your relationship had been worthy enough to get back. It is not a very easy thing to consider. If you think from within the relationship, you might feel that it was one of the best relationships to have happened in the universe. When you think of it from outside the relationship, you will need to consider a number of relationships before you decide whether or not it had been a healthy relationship.

Did you have the independence to do what you wanted to do? Were you able to express your thoughts and feelings freely?

Has your ex ever tried belittling you or hurting you in front of others or otherwise? Did you ever feel inadequate having to move around with him or her?

Do you regularly fight over anything? Are you in the habit of always fighting over something or the other? Did you always have unresolved issues between both of you?

Have you ever felt scared about your ex?

Even after considering these factors, if you think that your relationship had been honest and healthy, you can think of winning your ex back.

On the other hand, you would also need to consider whether your relationship had been a happy one or not.

So, while considering whether it is worth getting back with your ex, you need to think about a few more factors. You need to think if you had been really happy or unhappy in the relationship. Is it that you considered hanging on in the relationship for the sake of something else; something like you were scared that you would be lonely if you chose to end the relationship?

Another reason why you would have considered staying in the relationship might be because you were scared of losing your self esteem. This is something that many people face. This loss of self esteem may also be brought about by certain characteristics of your ex. Your ex might have tried belittling or hurting you for the sake of maintaining a control over you.

***This is just a small sample of “Get Your Ex Back”.***

**Here Is My Iron-Clad Unconditional Promise To You**

I can assure you that there is absolutely no way to lose, except by not taking advantage of our risk-free examination of **Get-Your-Exback**.

**Get-Your-Exback** is dedicated to helping you reconnect with your ex and repair your relationship. Try the Get-Your-Exback System today. Follow the course closely and start using this program today to get your lover back. If you're NOT satisfied with the product then we will refund your money within 60 days. **NO QUESTIONS** asked!

Get-Your-Exback helps you to regain that magic spark between your & your past love. Also, this system will strengthen your relationship bond more than ever by using our proven techniques. We would like to hear your success story or testimonial about the results you achieved with our product. We're certain that when you buy "**Get-Your-Exback**" and start using these simple methods, you are about to lead the most successful & happiest life with your true love.

**[Click here](#) to take advantage of a limited time offer.**

***Best wishes,***

***Mike Klade***

